



TAKE 5 Takeaways

Teaching High-Value Care

A 5-Step Framework for Teaching High-Value Care in the Learning Environment

1 UNDERSTAND benefits, harms, and relative costs being considered

- Teach learners how to locate data about the effectiveness, safety, and costs of tests and treatments in your clinical setting
- Encourage learners to consider
 - when the test was completed (if so, are results likely to change)
 - if there is short-term danger if the test is NOT performed
 - if the test result will change the diagnosis, management, or prognosis

4 CUSTOMIZE a care plan with each patient

- Directly observe and provide feedback to learners when facilitating shared decision making conversations with a patient
- Encourage learners to screen for financial toxicity (economic burden) of tests and interventions
- Care plan incorporates values and addresses patient concerns

2 DECREASE OR ELIMINATE harmful or non-beneficial interventions

- Look for opportunities to 'de-prescribe' unnecessary medications
- Observe and provide feedback on learner-patient conversations aimed at minimizing ineffective and potentially harmful care
- Additional information can be found on the Choosing Wisely website (www.choosingwisely.org/our-mission)

5 IDENTIFY systems opportunities

- Ensure learners report all patient safety events
- Assist learners in sharing value gaps with practice leaders
- Meaningfully include learners in front line quality improvement work

3 CAREFULLY CHOOSE interventions and care settings

- Share proven strategies to maximize benefits, minimize harm, and/or reduce costs
- Share with learners the rationale behind the tests and treatments you choose

References:

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*The Choosing Wisely Project. <http://www.choosingwisely.org/>

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